



## TRADEWINDS BAR & GRILL

### APPETIZERS

#### **Fried Green Tomatoes 8.99**

Fresh green tomatoes fried to a crisp and served with sweet pepper and onion relish dipping sauce

#### **Cheese Quesadilla 12.75**

Flour tortilla stuffed with chicken, pico de gallo and shredded cheddar cheese, served with sour cream and fresh salsa  
*Add shrimp 3.79*

#### **Chicken Tacos 8.99**

Three white corn tortillas topped with smoked chicken, coleslaw, pico de gallo and green onions

#### **Sweet Potato Fries 6.99**

Sweet potato fries served with house-made honey lime sauce

#### **Baked Crab & Spinach Dip 10.99**

100% crab meat, spinach, parmesan and mozzarella cheese, served with crispy garlic pita chips

#### **Blackened Shrimp 9.95**

Sautéed shrimp tossed with a black pepper cream sauce on top of toasted garlic bread, finished with parmesan cheese and green onions

#### **Chicken Wings 10.99**

Crispy chicken wings served with your choice of Buffalo, barbecue or chipotle honey barbecue sauce and celery sticks

#### **Boom Boom Shrimp 8.99**

Crispy baby shrimp tossed with boom boom sauce and served with blue cheese dressing and celery sticks

### SANDWICHES

#### **Carolina Pulled Pork 9.99**

Pulled pork tossed with Carolina barbecue sauce and topped with coleslaw on a brioche roll

#### **Beef Brisket 9.99**

Smoked barbecue beef brisket, caramelized onion and provolone cheese on a brioche roll

#### **Grilled Burger 10.79**

Charbroiled burger topped with your choice of American, provolone, cheddar or Swiss cheese on a brioche roll, served with lettuce, tomatoes and pickle

#### **Grilled Portobello Sandwich 10.79**

Grilled marinated portobello cap topped with red pepper, caramelized onions, Swiss cheese and fire-roasted tomato aioli on a brioche roll

#### **Roasted Turkey and Ham Sandwich 10.99**

House-made roasted turkey, ham and Swiss cheese, topped with Dijon honey mustard

#### **Grilled Chicken Club Sandwich 10.79**

Grilled marinated chicken breast served with Swiss cheese, bacon, lettuce and tomatoes on Texas toast

### SOUPS

Cup 5 | Bowl 7

#### **House-made Clam Chowder | Soup of the Day**

Consuming raw or undercooked seafood or meat may increase your risk of foodborne illness. Please ask to speak to a manager if you have any questions or concerns.

### SALADS

#### **Spinach Salad 9.99**

Baby spinach, apples, candied pecans, red onions, tomatoes and balsamic vinaigrette  
*Add grilled chicken, steak or shrimp 3.79*

#### **Mixed Greens 8.99**

Dried cranberries, goat cheese, croutons, tomatoes and poppy seed vinaigrette  
*Add grilled chicken, steak or shrimp 3.79*

#### **Caesar Salad 8.99**

Romaine, parmesan cheese, croutons and creamy house Caesar dressing  
*Add grilled chicken, steak or shrimp 3.79*

#### **Steak Salad 13.79**

Marinated grilled steak, chopped romaine, hearts of palms, cucumbers, parmesan cheese, red onions, diced mango and poppy seed dressing

#### **Side Salad 3.95**

Mixed greens, tomatoes, onions, parmesan cheese and croutons

#### **Side Caesar Salad 3.95**

Romaine, parmesan cheese, croutons and creamy house Caesar dressing  
*Add to any entrée selection 2.99*

### ENTRÉES

*All entrées are served with grilled asparagus and your choice of cilantro rice or mashed potatoes.*

#### **Grilled Salmon 22.50**

Seasoned grilled salmon with grilled lemon

#### **Grilled New York Strip 21.99**

Grilled, garlic-marinated 10-oz. strip loin

#### **Full Rack Ribs 24.49**

Dry-rubbed, slow-cooked and topped with house bourbon barbecue sauce

#### **Blackened Mahi-Mahi 21.79**

Cajun-seasoned, grilled mahi-mahi

#### **Grilled Ribeye 26.99**

Seasoned 10-oz. ribeye grilled and served with garlic herb butter

### FLATBREADS

#### **Barbecue Smoked Chicken Flatbread 9.99**

Oval flatbread topped with Carolina barbecue sauce, smoked pulled chicken, red onions, diced tomatoes and mozzarella cheese

#### **Pepperoni Flatbread 9.99**

Oval flatbread topped with marinara sauce, mozzarella cheese and pepperoni slices

#### **Margherita Flatbread 9.99**

Oval flatbread topped with sliced tomatoes, fresh mozzarella, fresh basil and balsamic glaze



TRADEWINDS  
BAR & GRILL

COCKTAILS

Orange Lake Resort Premium Cocktails

**Lazy River Mai Tai 7**

Bacardi Coconut rum, triple sec, mango puree, orange and pineapple juice and a splash of grenadine—Our resort's most popular drink!

**Wolfberry Lemonade 7**

Bacardi Wolfberry™, blue curacao, lemonade and fresh blueberries.

**Gulf Coast Hurricane 7**

Southern Comfort®, amaretto, grenadine, lime, orange and pineapple juice.

**Rum Runner 7**

Bacardi Superior and Select, blackberry brandy, banana liqueur, orange and pineapple juice and a splash of grenadine.

**Vodka Runner 7**

Three Olives® Loopy™, blackberry brandy, banana liqueur, orange and pineapple juice.

**Key Largo Iced Tea 8**

Rum, vodka, tequila, gin, triple sec and sour mix, topped with a splash of cranberry juice.

FROZEN BLENDS

**Daiquiris**

Starter: 9 Refill: 6

- Strawberry
- Piña Colada
- Mango
- Banana

**Cocktail Blends**

Starter: 9 Refill: 6

- Miami Vice
- Pirate's Booty
- Grass Hopper

Starter: 10 Refill: 7

- Mud Slide

NON-ALCOHOLIC  
BEVERAGES

<b>Frozen Strawberry Limeade</b>	5
A refreshing blend of strawberry and lime	
<b>Strawberry Mango Lemonade</b>	4
Refreshing lemonade with a mixture of strawberry and mango puree	
Coca-Cola®, Diet Coke®, Sprite®, Mr. Pibb®, Root Beer, Lemonade, Ginger Ale, Mello Yello®	2.79
Acqua Panna® Imported Spring Water	6.75
San Pellegrino® Imported Mineral Water	6.75
Dasani® Bottle Water	3
Sweet and Unsweet Tea	2.79
Choice of Hot Tazo® Teas	2.79
Fresh-Brewed Coffee	2.79
Hot Chocolate	3.25

BEER

Draft

16oz Cup

Blue Moon®	5.55
Bud Light®	4.25
Budweiser®	4.25
Coors Light®	4.25
Michelob Ultra®	5
Miller Lite®	4.25
Orlando Ale (local brewery)	5.55
Yuengling®	5.55

*Orange Lake Resort souvenir refillable pilsner glass available at an additional cost*

Bottled Beer Selections

Budweiser	4
Bud Light	4
Bud Light Lime	4
Coors Light	4
Miller Lite	4
Amstel® Light	4
Bass®	5
Michelob Ultra	5
O'Doul's® (non-alcoholic)	5
Corona®	5.50
Corona Light	5.50
Heineken®	5.50
Samuel Adams®	5.50
Sapporo	5.50
Guinness®	5.95
Stella Artois®	5.95
Crispin Apple Cider	6

WINES

Glass 6 | Bottle 24

- Canyon Road Merlot
- Canyon Road Cabernet
- Montevina White Zinfandel
- Ecco Domani Pinot Grigio
- Canyon Road Chardonnay