



TRADEWINDS BAR & GRILL

APPETIZERS

Fried Green Tomatoes 8.99

Fresh green tomatoes fried to a crisp and served with sweet pepper and onion relish dipping sauce

Cheese Quesadilla 8.99

Flour tortilla stuffed with pico de gallo and shredded cheddar cheese, served with sour cream and fresh salsa

Add grilled chicken or shrimp 3.79

Chicken Tacos 8.99

Three white corn tortillas topped with smoked chicken, coleslaw, pico de gallo and green onions

Sweet Potato Fries 6.99

Sweet potato fries served with house-made honey lime sauce

Baked Crab & Spinach Dip 10.99

100% crab meat, spinach, parmesan and mozzarella cheese, served with crispy garlic pita chips

Blackened Shrimp 9.95

Sautéed shrimp tossed with a black pepper cream sauce on top of toasted garlic bread, finished with parmesan cheese and green onions

Chicken Wings 10.99

Crispy chicken wings served with your choice of Buffalo, barbecue or chipotle honey barbecue sauce and celery sticks

Boom Boom Shrimp 8.99

Crispy baby shrimp tossed with boom boom sauce and served with blue cheese dressing and celery sticks

SANDWICHES

Carolina Pulled Pork 9.99

Pulled pork tossed with Carolina barbecue sauce and topped with coleslaw on a brioche roll

Beef Brisket 9.99

Smoked barbecue beef brisket, caramelized onions and provolone cheese on a brioche roll

Grilled Burger 10.79

Charbroiled burger topped with your choice of American, provolone, cheddar or Swiss cheese on a brioche roll, served with lettuce, tomatoes and pickle

Grilled Portobello Sandwich 10.79

Grilled marinated portobello cap topped with red pepper, caramelized onions, Swiss cheese and fire-roasted tomato aioli on a brioche roll

Roasted Turkey and Ham Sandwich 10.99

House-made roasted turkey, ham and Swiss cheese, topped with Dijon honey mustard

Grilled Chicken Club Sandwich 10.79

Grilled marinated chicken breast served with Swiss cheese, bacon, lettuce and tomatoes on Texas toast

SOUPS

Cup 5 | Bowl 7

House-made Clam Chowder | Soup of the Day

Consuming raw or undercooked seafood or meat may increase your risk of foodborne illness. Please ask to speak to a manager if you have any questions or concerns.

SALADS

Spinach Salad 9.99

Baby spinach, apples, candied pecans, red onions, tomatoes and balsamic vinaigrette
Add grilled chicken, steak or shrimp 3.79

Mixed Greens 8.99

Dried cranberries, goat cheese, croutons, tomatoes and poppy seed vinaigrette
Add grilled chicken, steak or shrimp 3.79

Caesar Salad 8.99

Romaine, parmesan cheese, croutons and creamy house Caesar dressing
Add grilled chicken, steak or shrimp 3.79

Steak Salad 13.79

Marinated grilled steak, chopped romaine, hearts of palms, cucumbers, parmesan cheese, red onions, diced mango and poppy seed dressing

Side Salad 3.95

Mixed greens, tomatoes, onions, parmesan cheese and croutons

Side Caesar Salad 3.95

Romaine, parmesan cheese, croutons and creamy house Caesar dressing
Add to any entrée selection 2.99

ENTRÉES

All entrées are served with grilled asparagus and your choice of cilantro rice or mashed potatoes.

Grilled Salmon 22.50

Seasoned grilled salmon with lemon garlic butter sauce

Grilled New York Strip 21.99

Grilled, garlic-marinated 10-oz. strip loin

Full Rack of Ribs 24.49

Dry-rubbed, slow-cooked and topped with house bourbon barbecue sauce

Blackened Mahi-Mahi 21.79

Cajun-seasoned, grilled mahi-mahi

Grilled Ribeye 26.99

Seasoned 10-oz. ribeye grilled and served with garlic herb butter

FLATBREADS

Barbecue Smoked Chicken Flatbread 9.99

Oval flatbread topped with Carolina barbecue sauce, smoked pulled chicken, red onions, diced tomatoes and mozzarella cheese

Pepperoni Flatbread 9.99

Oval flatbread topped with marinara sauce, mozzarella cheese and pepperoni slices

Margherita Flatbread 9.99

Oval flatbread topped with sliced tomatoes, fresh mozzarella, fresh basil and balsamic glaze



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COCKTAILS

Orange Lake Resort Premium Cocktails

Lazy River Mai Tai 7

Bacardi Coconut rum, triple sec, mango puree, orange and pineapple juices and a splash of grenadine—our resort’s most popular drink!

Wolfberry Lemonade 7

Bacardi Wolfberry™, blue curacao, lemonade and fresh blueberries.

Gulf Coast Hurricane 7

Southern Comfort®, amaretto, grenadine, lime, orange juice and pineapple juice.

Rum Runner 7

Bacardi Superior and Select, blackberry brandy, banana liqueur, orange and pineapple juices and a splash of grenadine.

Vodka Runner 7

Three Olives® Loopy™, blackberry brandy, banana liqueur, orange juice and pineapple juice.

Key Largo Iced Tea 8

Rum, vodka, tequila, gin, triple sec and sour mix, topped with a splash of cranberry juice.

FROZEN BLENDS

Daiquiris

Starter 9 Refill 6

- Strawberry
- Piña Colada
- Mango
- Banana

Cocktail Blends

Starter 9 Refill 6

- Miami Vice
- Pirate’s Booty
- Grass Hopper

Starter 10 Refill 7

- Mud Slide

NON-ALCOHOLIC
BEVERAGES

Frozen Strawberry Limeade 5
A refreshing blend of strawberry and lime

Strawberry Mango Lemonade 4
Refreshing lemonade with a mixture of strawberry and mango puree

Coca-Cola®, Diet Coke®, Sprite®, Mr. Pibb®, Root Beer, Lemonade, Ginger Ale, Mello Yello® 2.79

Acqua Panna® Imported Spring Water 6.75

San Pellegrino® Imported Mineral Water 6.75

Dasani® Bottled Water 3

Sweet and Unsweet Tea 2.79

Choice of Hot Tazo® Teas 2.79

Fresh-Brewed Coffee 2.79

Hot Chocolate 3.25

BEER

Draft

16oz Cup

Blue Moon® 5.55

Bud Light® 4.25

Budweiser® 4.25

Coors Light® 4.25

Michelob Ultra® 5

Miller Lite® 4.25

Orlando Ale (local brewery) 5.55

Yuengling® 5.55

Orange Lake Resort souvenir refillable pilsner glass available at an additional cost

Bottled Beer Selections

Budweiser 4

Bud Light 4

Bud Light Lime 4

Coors Light 4

Miller Lite 4

Amstel® Light 4

Bass® 5

Michelob Ultra 5

O’Doul’s® (non-alcoholic) 5

Corona® 5.50

Corona Light 5.50

Heineken® 5.50

Samuel Adams® 5.50

Sapporo 5.50

Guinness® 5.95

Stella Artois® 5.95

Crispin Apple Cider 6

WINES

Glass 6 | Bottle 24

Canyon Road Merlot

Canyon Road Cabernet

Montevina White Zinfandel

Ecco Domani Pinot Grigio

Canyon Road Chardonnay